Malawian proverb

As a child, is a man wrapped in his mother's womb; as an adult, in tradition; comes death, and he is wrapped in Earth.

Family of birds have turned Royal Mail postbox into nest

METRO

A family of birds have turned a remote Royal Mail postbox into their nest in Scotland.

Bird photographer William Dickson spotted the red mailbox on the road to Uisken Beach on the Isle of Mull while holidaying on the Hebridean island with his wife Maria McGowan, according to Metro.

The couple snapped photos of it after discovering that someone had ordered it off limits with a handwritten sign saying: "Bird nesting. Please do not use until further notice."

Dickson, 62, said: "I knew it was active when I saw the bird.

"We actually saw a Starling bird fly out of the postbox and that is what drew our attention to it.

"I thought it was quite amusing. Quite a great place to build a nest as no other birds will attack it."

He uploaded the pictures to Facebook where over 3,000 people have shared the post.

A spokesperson for Royal Mail said: "It is something we do, do and we are looking into whether it was us in this case."

Royal Mail has previously said that workers will regularly check to see when the birds have flown the nest, before the postbox is thoroughly cleaned and reopened.

Starlings usually lay four to six eggs in mid-April.

Researcher protects swimming deer from sharks

UPI

A researcher shark-spotting off the California coast shared video of his rare encounter with a swimming deer he steered away from the sharks.

Sean Van Sommeran said he had 'seen a couple sharks' May 9 before he encountered an apparently disoriented deer swimming in circles around Monterey Bay, upi.com reported.

Van Sommeran said in the video of the encounter that it was 'bizarre' to find the deer swimming directionless in the ocean.

The video showed the researcher positioning his boat between the deer and the sharks while attempting to guide the mammal back to shore.

The footage showed the deer made it safely to shore before the boat drew the attention of a nearby shark.

cdnph.upi.com

Small truck carries two cars at once in Arkansas

A perplexed driver in Arkansas, the US, captured video of a strange and unique sight — a pickup truck carrying two cars in its bed.

The video, recorded last week on a road in Camden, showed a pickup truck with two cars-side by side in the bed, each hanging partially off one side of the truck, UPI reported.

"I have never seen this," the filmer said in the footage. "Only in Camden, Arkansas, will you see two cars half on and half off. That isn't even a tow truck."

"I was driving into Camden when I saw the truck with two cars in the bed of the truck," the man wrote.

Patients at care home went two months without bath or shower

Patients at a care home in Liverpool didn't have a bath or shower for nearly two months, the health watchdog said.

Woolton Manor Care Home remains in special measures following a damning report by the Care Quality Commission (CQC).

metro.co.uk

The home in Allerton road showed serious failings in every single area and was rated 'inadequate for the third time in a row, Metro reported.

Inspectors said two patients had gone seven weeks without a bath or shower, while another went six without and two others hadn't had one for five weeks.

They were also told that one patient had gone for two months without a shower, and one person said they only had a bath or shower once a week.

The February inspection found the 'smelt strongly of urine' and patients were at 'risk of unsafe and inappropriate care'.

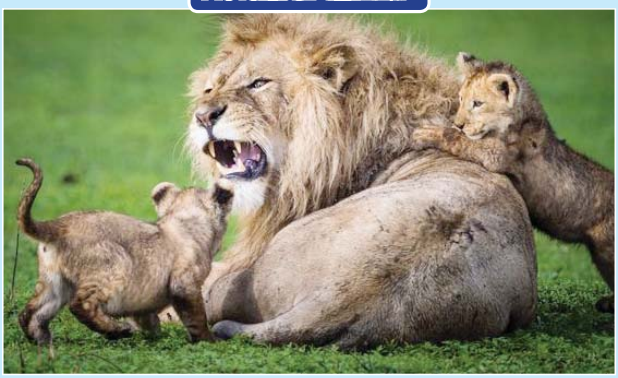
No action had been taken to rectify the problems that had been found during the previous CQC inspection, the report said.

"We found that the provider had not taken appropriate action to address our concerns and all of the breaches we identified previously remained," it said.

"This meant people who lived at the home continued to be placed at serious risk. The rating for the service has not changed. The service remains inadequate and in special measures."

Patients had no access to 'social or recreational activities' and inspectors were told 'there was nothing to do at the home'.

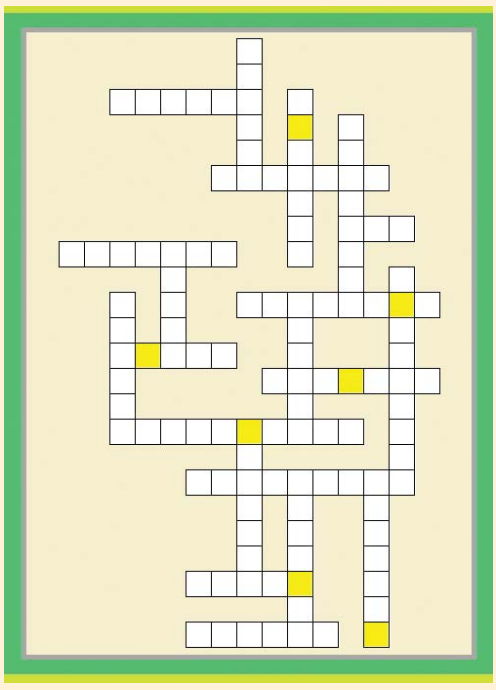
PICTURE OF THE DAY



D. ERIC JOHNSON/NATIONAL GEOGRAPHIC

A male lion growls after being roused from his nap by two cubs. "His growl did not phase either cub," said Your Shot photographer D. Eric Johnson, "and they proceeded to use him as a jumping mat. After another short growl, he just laid back and let them climb all over him."

CRISS-CROSS



Can you fit the countries correctly into the grid? The letters in the yellow boxes will spell out another country.

3 letters
USA

5 letters
EGYPT
ITALY
SPAIN

6 letters
AFRICA
FRANCE
NORWAY
RUSSIA
SWEDEN

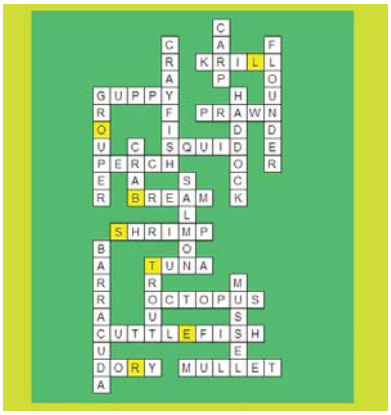
7 letters
AUSTRIA
BELGIUM
DENMARK
FINLAND
GERMANY
ICELAND
ROMANIA

8 letters
PORTUGAL
THAILAND

9 letters
AUSTRALIA
INDONESIA

10 letters
NEW ZEALAND

Yesterday's solution



Sudoku

Sudoku was inspired by the table devised by Iranian mathematician Khwarazmi. Fill 9×9 grid with digits so that each column, each row and each of the nine 3×3 sub-grids that compose the grid, contains all of the digits from 1 to 9.

4	7			8			5	3
		8	4	9	2	6		
	8	5				3	7	
6			5		3			8
	4	3				9	6	
		7	6	5	9	4		
5	2			4			3	9

6	3	7	1	4	8	9	2	5
1	2	4	6	5	9	7	3	8
9	8	5	7	2	3	4	1	6
5	9	6	8	1	2	3	4	7
8	4	1	3	7	5	2	6	9
2	7	3	4	9	6	5	8	1
4	6	8	5	3	7	1	9	2
7	1	9	2	6	4	8	5	3
3	5	2	9	8	1	6	7	4